

# Climate Change meets Occupational Safety and Health

## Summary

Climate change and its various effects are a challenge for the international community. This also affects the world of work. Climate change leads to growing exposure to heat and solar UV radiation, especially when working outdoors. The number of non-native insects and other vectors transmitting infectious diseases is likely to increase. The same applies to the appearance of new allergens and toxins. This and efforts towards decarbonization result into new risks and hazards for workers requiring adequate means and protective measures to ensure safe and healthy work. It is obvious that climate change is a global challenge and therefore requires a joint international collaboration and networking.

The Federal Institute for Occupational Safety and Health (BAuA) and the Institutes of the German Social Accident Insurance (DGUV) invited international experts from the G7 countries to a networking event on October 17 in Dresden, Germany. The German Federal Ministry of Labour and Social Affairs (BMAS) initiated and supported this event in the context of the German G7 presidency in the Employment Track. More than 100 experts from G7 countries, the EU and further interested countries attended the event. The participants discussed various mechanisms through which climate change will affect our working life, including heat, solar UV-exposure, extreme weather events, spread of emerging diseases and allergies, new hazardous substances, challenges in alternative energy production and a circular economy, and psychological effects of climate change on the world of work.

The different symposia of the event addressed four topics of main interest:

- Heat, solar UV radiation, extreme weather
- Spread of infectious and allergic diseases
- Decarbonization, circular economy, alternative energy
- Psychological effect of climate change: Impacts and strategies

A subsequent workshop about regulatory aspects for occupational safety and health (OSH) in times of changing climate conditions followed the event on October 18. During this workshop, the participants shared information about the different regulatory OSH approaches of their countries. Furthermore, they discussed common challenges, existing solutions and first ideas for future joint initiatives and co-operations.

The results of the meeting showed a clear commitment to continue this international activity in the future and to link the OSH institutions more closely. There was consensus that many common challenges and approaches were more effectively and efficiently faced jointly and together, by co-operations within the G7-community.

## Symposium 1: Heat, solar UV radiation, extreme weather

Climate change increases the heat exposure of all workers and outdoor workers' exposure to solar UV radiation in different ways. In particular, longer periods of severe heat and/or an increasing amount of sunny periods lead to higher exposures. Higher temperatures may not only affect mental and physical performance and, thus, enhance stress. Moreover, dehydration and accidents are likely to appear more often. Heat also leads to extreme weather situations, requiring special measures for OSH. An overexposure to solar UV radiation results in acute skin and eye damages and injuries, whereas skin cancers and cataracts are more likely to be the consequences of long-term exposures.

At first, the symposium referred to the status quo of OSH measures in the G7 countries. For this purpose, an initial presentation of the European Agency for Safety and Health at Work (EU-OSHA) provided an overview about its activities. The following two introductory speeches referred to findings in the area of solar UV radiation and occupational heat stress. They provided insights into challenges, recommendations and standards, and their practical relevance. Afterwards, participants shared information about the situation in their countries and lessons learned about applicability of these measures from practice. There was a broad consensus that efforts on the international level are not sufficient at this point.

With regard to OSH measures that have to be taken in order to mitigate the consequences of climate change, participants agreed that there are many existing measures, implemented as either mandatory federal regulation or recommended standards within G7 countries that are already useful. However, these measures might also have counteractive effects. Several new approaches were discussed, including technical, organizational or personal protective measures. Measures have to be adjusted to the special need of certain industrial sectors, occupations or activities.

A major challenge for OSH is the awareness of employees. It is essential to put measures successfully into practice. This has to be emphasized and supported in the future. Such prevention concepts have to be holistic and consider occupational as well as private exposures. Environmental risk factors should no longer be regarded in an isolated way, but in a broader, multifactorial view also including factors resulting from decarbonization, digitalization, and demographic change as well. The OSH measures have to be applied, in a combined way, also indicating the need for specially tailored-to-the-job solutions.



Dr. Stefan Bauer

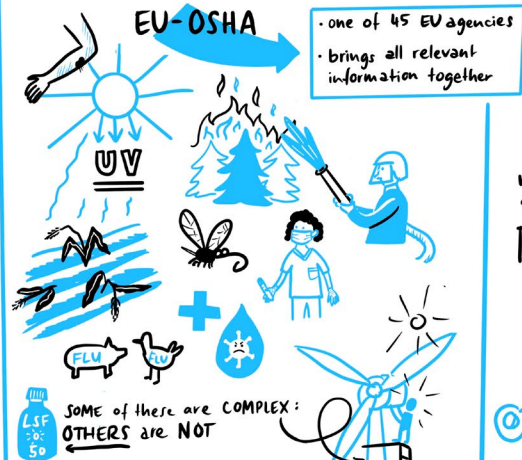


Dr. Elke Schneider

### WHAT MEASURES CAN WE TAKE?

### THE CURRENT STATUS

#### OSH IMPLICATIONS OF CLIMATE CHANGE AND MITIGATION POLICIES

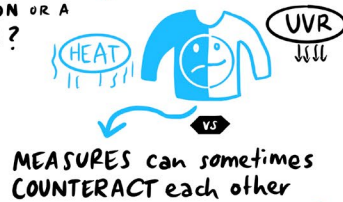


How about a SIESTA? But consider:

- Work-Life Balance
- Commute
- Jobs in health care



AIR CONDITIONING: A SOLUTION OR A PROBLEM?



In the end, we need TAILORED MEASURES for each group



SCIENCE + PRACTICE

... or join existing networks!

We need an INTERNATIONAL EXPERTS GROUP for future developments

# HEAT, SOLAR UV RADIATION, EXTREME WEATHER

### WHAT ARE OUR FUTURE CHALLENGES?



Dr. Brenda Jacklitsch

### OCCUPATIONAL HEAT STRESS IN THE US



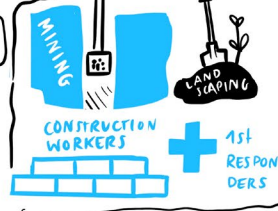
NIOSH research, recommendations

#### HEAT ACTIVITIES:

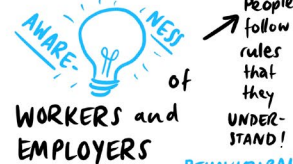
Improve data

ONE OF OUR MAIN GOALS ACCLIMATIZATION IN WORK PLACES

Create AWARENESS & EDUCATE relevant groups



We need to CREATE



People follow rules that they UNDERSTAND! BEHAVIOURAL PREVENTION

Let's learn from AUSTRALIA

... and JAPAN! ventilated clothes!



### UVR AND CLIMATE CHANGE



PD Dr. Marc Wittlich



WE NEED SPECIFIC UV PROTECTION ADAPTED TO VARIOUS ACTIVITIES



INCREASE in the CARCINOGEN component of UVR

WE NEED TO TEACH KIDS HOW TO BE SUN SAFE OUTSIDE!



THIS IS CRUCIAL



## Symposium 2: Spread of infectious and allergic diseases

Climate change is likely to have significant impacts on ecosystems and the organisms they contain, particularly through changes in precipitation and rising temperatures. In principle, it is assumed that global warming, in conjunction with globalization, will lead to expanded distribution areas of many species in previously colder regions. Alongside, it is expected that infectious and allergic diseases caused by emerging pathogens or allergens may occur more frequently in areas where they are currently not or rarely observed.

A first introductory presentation referred to exposure and work-related allergies. Allergies are complex diseases characterized by multilevel interactions between individual susceptibility and exposure to environmental factors. Indoor and outdoor work-related exposures can make another important contribution. The management of climate-related occupational allergies requires multidisciplinary approaches. It should consider preventive health strategies, environmental, public and occupational interventions, and the development, implementation, evaluation and improvement of guidelines to protect workers' health. The topics of the following presentation were infectious diseases. It was presented that infectious disease threat events are related to underlying, sometimes multiple, drivers. These drivers can be disentangled and analyzed. Subsequently, these drivers can be classified and ranked for public health actions. Monitoring and surveillance of such drivers can facilitate anticipation and mitigation of the impact of infectious disease threat events, both, in public health and OSH.

The following discussion showed that outdoor workers are particularly vulnerable to infectious diseases and allergies. Existing protective measures (following the TOP ranking of technological, organizational and personal protective measures) should be implemented and disseminated in several languages to increase awareness. Current research gaps show that it requires multidisciplinary approaches and work to collect data and build up a database as a common platform. This requires standardization and harmonization of data for globally collected data. It is also essential to create public awareness of possible hazards at an early stage. Finally, useful diagnostic tools have to be developed and made available.


For a successful collaboration, it is essential that not only experts from different countries have to be involved, but also experts with a multidisciplinary background. This includes researchers, employers, employees, unions, authorities and political decision makers, accident insurances, medical and OSH experts. Climate change, even in the area of OSH, has to be safely anchored in the consciousness of all those concerned in order to conduct research to supplement knowledge, collect valuable data and harmonize, develop and adapt appropriate prevention strategies, adjust policies and regulations and to exchange on practices, training and information.

# SPREAD OF INFECTIOUS AND ALLERGIC DISEASES

CLIMATE CHANGE MEETS OCCUPATIONAL SAFETY AND HEALTH - G7 OSH INSTITUTIONS 17.-18.10.22 DRESDEN/GERMANY


## SPEAKERS & HOSTS

1




PROF. DR. JAN SEMENZA


2



PROF. DR. ISABELLA ANNESI-MAESANO



DR. PHILIPPE PUGUENNE



PROF. DR. MONIKA RAULF

## 1 CLIMATE CHANGE AND THE IMPACT ON EXPOSURE AND WORK-RELATED ALLERGIES

19

OCCUPATIONAL RISKS AND THEIR HEALTH OUTCOMES ARE RESPONSIBLE FOR 1.88 MILLION DEATHS PER YEAR

THE OCCUPATIONAL BURDEN OF NONMALIGNANT RESPIRATORY DISEASES

### TRUST IN STATISTICAL DATA

INTRODUCTION MY INTENTION

- I WANT TO GET A BROADER OVERVIEW
- MY INTEREST IS IN PREVENTION IN WORK-RELATED SETTINGS
- COORDINATION OF PREVENTION MEASURES
- EXPOSURE APPROACH
- GAP OF PREVENTION MEASURES
- POLYEXPOSURE IS THE MAIN FIELD OF INTEREST REGARDING CLIMATE CHANGE
- IMPULSES FOR TRAINING OF SPECIALISTS
- RESEARCH BIOLOGICAL AGENTS
- EXPOSURE TO CHEMICAL/HAZARDOUS SUBSTANCES
- RELATIONS BETWEEN WORK AND HOME SCENARIOS
- WHAT ARE FUTURE PERSPECTIVES & DEVELOPMENTS

S2

## AIR POLLUTION AND ASTHMA DEVELOPMENT

INCREASING

TRAVEL AND TOURISM IS THE TOP DRIVER OF INFECTIOUS DISEASES IN EUROPE AND IS STRONGLY SUPPORTED BY CLIMATE CHANGE

## 2 DUST STORMS & WILD FIRES

EQUIVALENT TO 15 CIGARETTES PER DAY

## THUNDERSTORM ASTHMA

## 3 CLIMATE CHANGE AND OTHER DRIVERS OF EMERGING INFECTIOUS DISEASES

WATER CONTAMINATION AND QUALITY + CHANGES IN VECTOR ECOLOGY

### CASCADING RISKS

HAZARD: VSD, FSD, WSD, RI

WATERBORNE OUTBREAKS AND EXCEEDANCE PRECIPITATION

INCREASED OZONE

INCREASED OUTDOOR PM LEVEL

INCREASED POLLEN AND MOLDS

GLOBALIZATION AND ENVIRONMENTAL CHANGE

61% OF THE INFECTIOUS DISEASES IN EUROPE IS CAUSED BY GLOBAL DISTRIBUTION AND CLIMATE CHANGE

## DISCUSSION

WHICH GROUP OF EMPLOYEES ARE PARTICULARLY AFFECTED?

OUTDOOR WORKERS, INDOOR WORKERS, INFORMAL WORKERS BUT HOMEWORKERS AS WELL

EXPOSURE AND DISPOSITION

ACUTE VS. CHRONIC

TRADE AND TRAVEL

LIFESTYLE

WHAT ADDITIONAL FACTORS TO CLIMATE CHANGE PLAY A ROLE? (DISTINCTION/ACCOUNTABILITY)

WHERE IS THE LINE BETWEEN PUBLIC HEALTH AND OCCUPATIONAL SAFETY AND HEALTH?

WINDOW SCREENS

BREAK THE FREE DISTRIBUTION OF TRANSMITTERS (DEER/TICK > FENCES)

DEVELOP NEW TECHNICAL IDEAS (WORK CLOTHES)

SAFETY INSTRUCTIONS AT WORK AND IN SCHOOLS

STRUCTURAL AND INSTITUTIONAL ACCOUNTABILITY

HOW CAN WE LEARN FROM EACH OTHER?

EDUCATE THE STAKEHOLDERS

DOES THE EMPLOYER HAS TO TAKE ACTION?

INTERNATIONAL CONSOLIDATED & ACCESSIBLE DATA POOLS

WHAT NEEDS TO BE DONE IN THE FUTURE?

EXTEND PROTECTIVE AND PREVENTIVE MEASURES

GLOBALIZATION AND ENVIRONMENTAL CHANGE

COOPERATION WITH UNIONS

PLATFORM

SOBRIETY AND DEMOGRAPHIC CHANGE

LOBBYING

PUBLIC HEALTH SYSTEMS

WEIFFENBACH/BIKABLO 2022

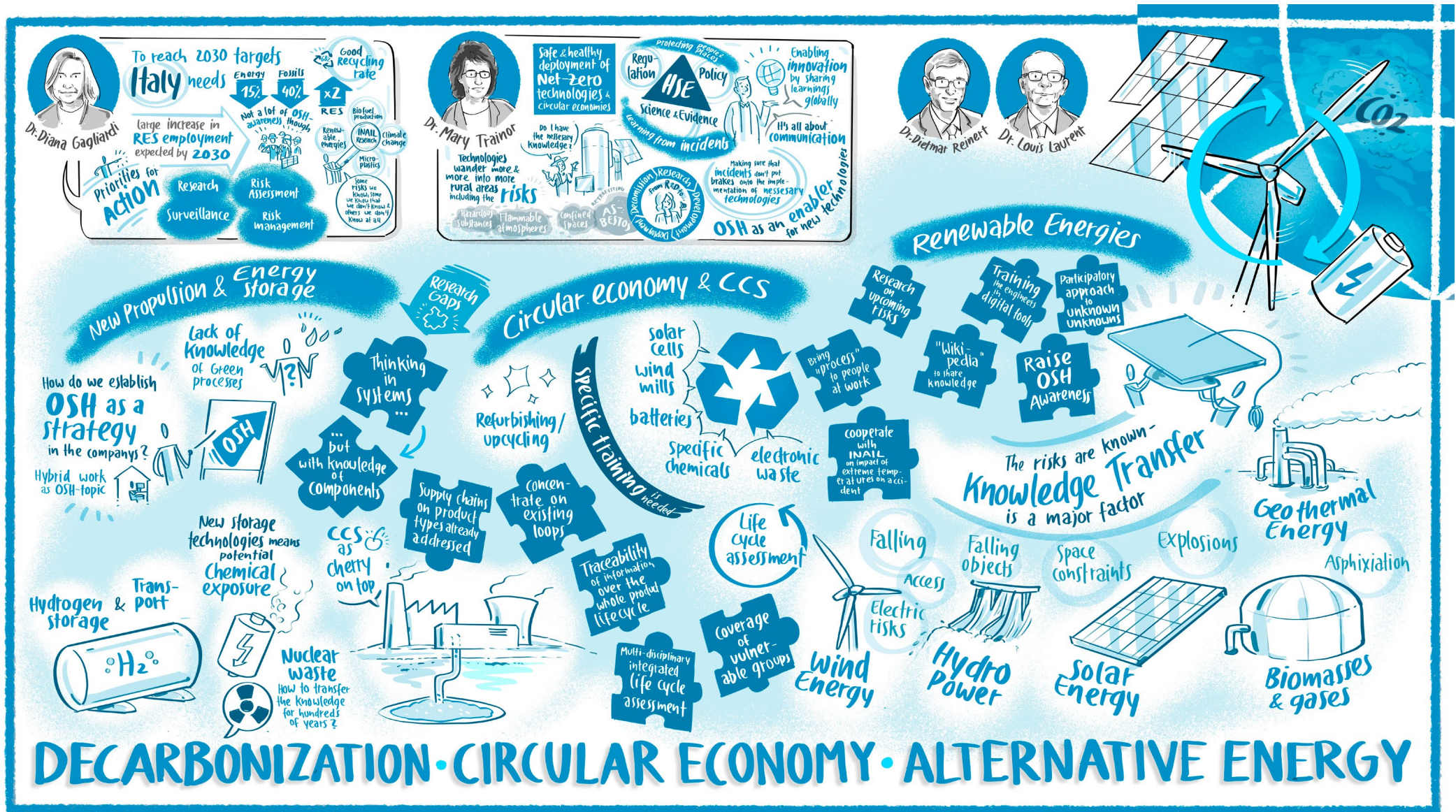
### Symposium 3: Decarbonization, circular economy, alternative energy

Droughts and floods have also increased in the G7 in recent years. These are undoubtedly signs of human-made climate change. If we want to limit the effects in the long term, decarbonization is necessary. Decarbonization concerns a broad field and already has a considerable impact on safety and health at work: Renewable energies such as wind power, photovoltaic cells and biogas plants, carbon capture and storage, mobility by new propulsion technologies (batteries, hydrogen) and circular economy including a longer durability of goods.

Both introductory speeches addressed the impact of a green transition towards renewable energies and a circular economy on the safety and health of workers. The worldwide share of employment in the clean energy sector is already increasing and will further increase by 2030 due to the green transition. Most of the jobs in renewable energies are linked to solar thermal energy and photovoltaic, followed by onshore wind energy and gas network (e.g., use of hydrogen for energy distribution in the future). New technologies will lead to change in established occupations, and new occupations will emerge. New hazards will also come up with the transition to green jobs. They have to be identified, e.g., by means of risk assessment and participatory approaches, and addressed accordingly. With respect to occupations related to renewable energies, most of the hazards employees encounter are known from other sectors and preventive measures are available. However, knowledge transfer to workers in the renewable energy sector and vocational training about protective measures is still needed.

The shift towards a green economy is complex. The experts recognize this complexity itself as a hazard for OSH. They point to the necessity of applying a holistic, system-oriented approach with knowledge of the individual system's components and their interactions to identify OSH risks. With respect to intersectional hazards, special cultural or religious background of the employees should also be considered.

To meet the future challenges of decarbonization, multidisciplinary approaches are needed in which OSH is considered from the start on. OSH has to become pro-active rather than reactive and a facilitator for innovation rather than an obstacle.



## Symposium 4: Psychological effect of climate change: Impacts and strategies

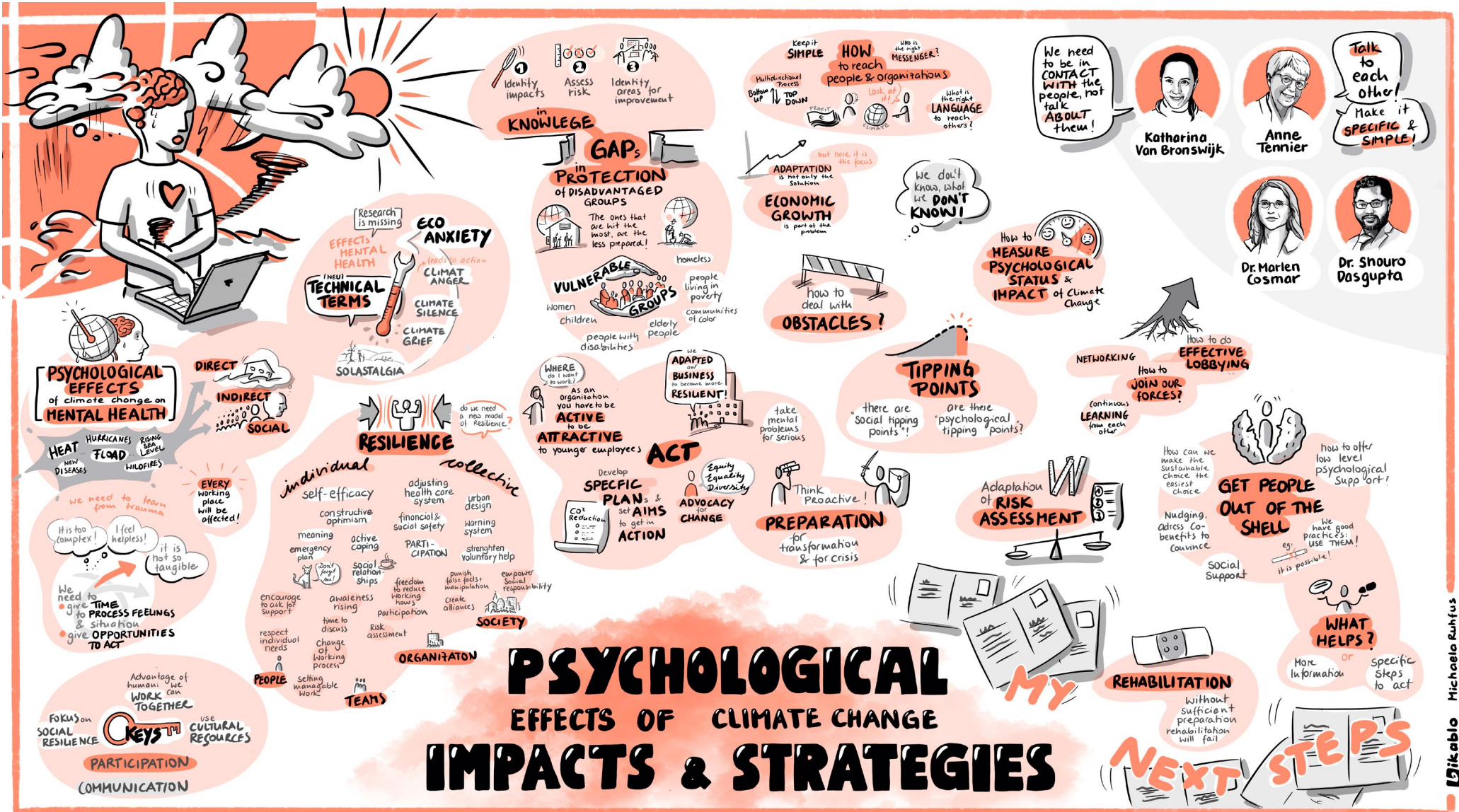
Climate change affects our safety and health at the workplace – including our mental health and stress. This symposium investigated the psychological impact of climate change, potential threats, and measures of prevention. In the future, we will have to deal with new psychological phenomena caused by the climate crisis: E.g., solastalgia, climate anxiety, and eco-grief. Additionally, existing psychological issues may appear more often and/or grow in intensity, e.g., depression, burnout, PTSD, and anxiety. In the working environment, especially extended heat periods can lead to stress, sleep disorders, irritability, and lowered ability to concentrate.

The topic of the initial speech introduced a biopsychosocial model as a basis for effects on human health. It includes physical, mental, psychosocial and community effects, especially on vulnerable groups, e.g., children, elderly, people living in poverty and people with disabilities. One of the focus topics for understanding people's reactions to climate change was resilience. In this connection, it was stressed that participation and communications were crucial and people need the space for processing and the opportunity to act. The second speech explained that each workplace is or will be affected by climate change. Climate anxiety is one of the major aspects: chronic fear and stress caused by watching the irrevocable impacts of climate change, worrying about the future, feeling loss and helplessness. In general, psychological impacts are direct (e.g., PTSD caused by extreme weather event), indirect (e.g., anxiety caused by crop failures), and social (e.g., displacement, migration, inequality). It was reported that climate change and its effects are handled differently by the generations: Millennials and generation Z (born after 1981) feel a great burden while people born before 1980 feel less stressed. Therefore, younger generations are also urging their employers to act. Disproportionate impacts of climate change might put social cohesion at risk because disadvantaged groups are likely to suffer most from it.

To strengthen the resilience of workers and businesses, it is crucial to ensure a safe and supportive work climate including prevention culture. Low-level offers of mental support, reliable emergency plans for business disruptions caused by extreme weather, and the adaptation of existing tools like risk assessment and corporate management for safety and health to the current situation are important pieces of the puzzle.

The main research gaps identified were manifold. At first, the topic requires a formal identification of psychological impacts and a projection into the future. Psychological tipping points on an individual and a societal level have to be identified. Communication is also a core topic, so suitable communication means have to be defined in order to create awareness among workers, to foster participation and involvement, and to initiate change and overcome obstacles. Finally, mechanisms for initiating change and means to accommodate to change have to be investigated. This requires an involvement in politics and legislation to bring psychological issues into politics, regulation, and business practices. International collaboration is required to build a common platform and communication base for this. On this base, information about core issues, best practices and OSH methods, e.g., risk assessment can be exchanged regionally and globally in order to face the challenges that come with climate change.





## Follow-up Workshop: Regulation

All participants of the subsequent workshop agreed that regulation is necessary to address new occupational risks in times of climate change. For several countries and sectors, regulation is already available. The decision, whether voluntary or mandatory regulation is required, has to be based on the type and specifics of the risk. Some participants preferred goal-setting regulation to strict specific measures, because some sectors and some proportion of the workforce may be more susceptible to the risks due to climate change than others (e.g., farming, construction, immigrant workers). It is important to explain and describe the risks and corresponding measures to facilitate acceptance of rules and regulation. The communication has to be transparent. Regulation needs to be adapted to account for a changing state of technology and knowledge. The discussion also addressed the possible interaction with other emerging issues and developing fields, such as digitization and demographics.

There was a consensus that risk assessment is a suitable tool used in many parts of the world, but it should address risks associated with climate change. In addition, common instruments for risk assessment should be employed. It is important that employers are enabled and supported performing the risk assessment. A proactive, preventive approach was considered to be advantageous. With regard to specific instruments, a tailored mixture was envisioned. With regard to transfer, videos, web sites, tabloid publication formats and social media may have benefits for increasing awareness. Knowledge as well as testimonials and accident reports are also a good way to increase awareness.

The discussion also showed that possibly conflicting goals have to be considered. An example for this is the necessity of a protection against solar UV radiation by wearing long-sleeved clothes, which may contradict to the need to wear less or light clothing to avoid the impact of heat.

The discussion arrived at the following core findings:

- Appropriate regulatory measures should be taken to address climate change. A stronger exchange on the effects of regulatory measures is very crucial.
- In addition to direct effects (e.g., heat, UV radiation, vectors for infectious diseases, extreme weather events), there are indirect effects in many areas of the working world, e.g., through changes in work processes, new substances. A practicable structure and a broad exchange of knowledge is important for the future.
- Climate change must be tackled together with demographic changes, digitization, decarbonization. Risk assessments are the most suitable instrument for deriving OSH measures.
- In some cases, simple solutions are available that should be appropriately communicated to the specific group. A stronger exchange on the effects of measures should be facilitated.
- For certain issues, there are conflicting goals between initially obvious measures at the level of individual risk factors and specialist disciplines. A stronger interdisciplinary exchange is required here.

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German Social Accident Insurance (DGUV)  
Glinkastraße 40  
D-10117 Berlin  
Germany  
[www.dguv.de](http://www.dguv.de)



Federal Institute for Occupational  
Safety and Health

Federal Institute for Occupational Safety and Health (BAuA)  
Friedrich-Henkel-Weg 1-25  
D-44149 Dortmund  
Germany  
[www.baua.de](http://www.baua.de)

*Gender-neutral language is used in this publication. Where this is not possible or would detract from the readability of the text, terms used to refer to persons include all genders.*

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